

# Indraprastha

R I President: Jenifer E. Jones

Dist. Governor : Ashok Kantoor

President : Rtn.: Vinod Sawhney

YEAR OF CHARTER 1939

Indraprastha No 29<sup>th</sup> issue /22-23, MARCH 15th 2023

## THE BOARD - 2022-23

### President

Vinod Sawhney

### IPP

Radhika Backliwal Narain

### Secretary & PE

Sandeep Chopra

### Vice President

Neera Gupta

### Vice President

Saroja Vaidyanathan

### Joint Secretary

Surinder Thapar

### Treasurer

Anil Jain

### Director

H S Poddar

### Director

Veena Hora

### Director

KS Vaidyanathan

### Director

Rohit Jain

### Director

Col. A.T. Gajraj

### Director

Rippu Daman Sudershan

### Director

J P Shukla

### Club Advisor

Giridhar Govind

### Club Advisor

Umesh Dayal

## Installation of Handwash – Station at MCD School on 9<sup>th</sup> March 2023

WIN – Handwash Station at MCD Sheikh Sarai School was a big success in this school of 600 children. Our club has completed installation of two stations with the help of Distt-Chair Rtn Binita Kakkar who guided us at every step from buying of the machines to write up on the wall for children to learn the importance of washing hands with a musical song to encourage them. On 9<sup>th</sup> March when it was inaugurated with members of our club, Mrs. Binita Kakkar taught all teachers & children how to rhyme this beautiful song to make them wash their hands so beautifully. This small gift to the school children will go a long way to learn personal hygiene and stay healthy in their lives.







## Our Physiotherapy Centre

Our Physiotherapy Center which is a Permanent Project of our Club has completed one year of its operation at Community Center, Amar Colony. It was set up by then President Radhika Backliwal with the support of President Vinod Sawhney & Treasurer Rtn Anil Jain.

Our Past Distt Governor was once again the Chief Guest having inaugurated it last year and applauded the work being done by our team lead by Dr Neetu & other 3 Voluntary Assistants who were awarded certificates of appreciation by our club in recognition of their humanitarian services.

We had a good gathering of Senior Citizens, satisfied patients and our club members to witness this memorable occasion who felt so satisfied along with the local consular Shri Sharad Kapoor who spoke vehemently about our landmark.









GOV Meeting at  
Hotel Ashok, New Delhi  
On 30<sup>th</sup> March 2023



## THE FOUR-WAY TEST

*Of the things we think, say or do:*

*first*

Is it the **TRUTH**?

*second*

Is it **FAIR** to all concerned?

*third*

Will it build **GOODWILL** and  
**BETTER FRIENDSHIPS**?

*fourth*

Will it be **BENEFICIAL** to  
all concerned?

